



This is a list of the bacteria found in Water kefir grains. Some like *L. brevis* and *L. casei* are found in other fermented foods. Others such as *L. Hordei* or *L. cheum* are unique to kefir water

Bacteria

Species Lactobacillus

L. brevis

L. casei

L. hilgardii

L. hordei

L. nagelii

Species Leuconostoc

L. citreum

L. mesenteroides

Species Acetobacter

A. fabarum

A. orientalis

Species Streptococcus

S. lactis

Yeasts

Hanseniaspora valbyensis

Lachancea fermentati

Saccharomyces cerevisiae

Zygorhizula florentina