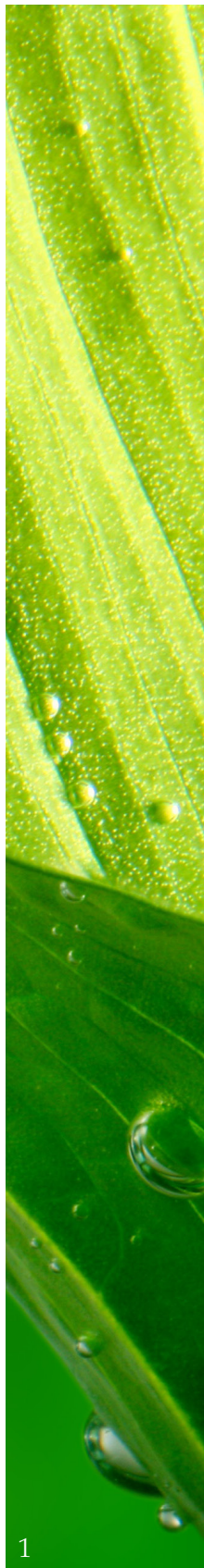


New Roots Herbal Educational Series



New Roots Herbal's probiotics line

Product	Potency	Strains	Additional Ingredients	Enteric Coating	Indications	Dosing	Safety Considerations
Acidophilus Ultra	11 billion CFU	<i>L. acidophilus</i> , <i>L. helveticus</i> , <i>L. plantarum</i> , <i>L. casei</i> , <i>B. longum</i> , <i>B. infantis</i> , <i>B. breve</i> , <i>L. rhamnosus</i> (2 species), <i>L. bulgaricus</i> , <i>S. thermophilus</i>	Inulin and arabinogalactan	Yes	<ul style="list-style-type: none"> Maintenance of healthy gut flora Irritable bowel syndrome Peptic ulcer disease Immune modulation Pregnancy 	1 capsule twice daily	Do not use if experiencing fever, bloody diarrhea, or severe abdominal pain
Probiotics Intensity (18 strains)	20 billion CFU	<i>L. rhamnosus</i> (4 species), <i>L. casei</i> (2 species), <i>L. paracasei</i> , <i>B. bifidum</i> , <i>L. acidophilus</i> , <i>L. helveticus</i> , <i>L. plantarum</i> , <i>B. longum</i> , <i>B. infantis</i> , <i>B. breve</i> , <i>S. thermophilus</i> , <i>L. bulgaricus</i> , <i>L. reuteri</i>	Colostrum, inulin, and arabinogalactan	Yes	Stronger digestive support, Inflammatory bowel disease, Ulcerative colitis, Crohn's disease, Antibiotic associated diarrhea	1 capsule twice daily	Do not use if you have an immune-compromised condition
Probiotics Urgency	50 billion CFU	<i>B. longum</i> , <i>L. casei</i> , <i>L. plantarum</i> , <i>L. rhamnosus</i> , <i>L. helveticus</i> , <i>B. bifidum</i> , <i>B. breve</i> , <i>B. infantis</i> , <i>L. bulgaricus</i> , <i>S. thermophilus</i>	F.O.S., arabinogalactan, and vitamin C	Yes	<ul style="list-style-type: none"> Inflammatory bowel disease Ulcerative colitis Crohn's disease Antibiotic associated diarrhea Acute diarrhea Lactose intolerance 	1 capsule twice daily	Do not use if experiencing fever, bloody diarrhea, or severe abdominal pain
Probiotics Recovery	120 billion CFU	<i>L. plantarum</i> (2 strains), <i>L. rhamnosus</i> (4 strains), <i>L. casei</i> (2 strains), <i>L. paracasei</i> , <i>B. infantis</i> (2 strains), <i>L. salivarius</i> , <i>B. bifidum</i> , <i>L. reuteri</i> , <i>L. acidophilus</i> , <i>L. helveticus</i> , <i>B. breve</i> , <i>B. longum</i> , <i>S. salivarius</i> ssp. <i>thermophilus</i> , <i>L. bulgaricus</i>	F.O.S. and arabinogalactan	Yes	Prevention of or recovery from dysbiosis induced by antibiotic therapy	1 capsule daily	Do not use if experiencing fever, bloody diarrhea, or severe abdominal pain



Product	Potency	Strains	Additional Ingredients	Enteric Coating	Indications	Dosing	Safety Considerations
Children's Probiotic	10 billion CFU	<i>L. rhamnosus</i> (2 species), <i>B. infantis</i> , <i>L. reuteri</i> , <i>L. acidophilus</i> , <i>L. helveticus</i> , <i>L. plantarum</i> , <i>L. casei</i> , <i>B. breve</i> , <i>B. longum</i> , <i>S. thermophilus</i> , <i>L. bulgaricus</i>	Inulin, arabinogalactan	No	Children's powder, Antibiotic associated diarrhea, Lactose intolerance, Atopy (eczema, asthma, allergy)	2 scoops once or twice daily	None
IBS Urgency	10 billion CFU	<i>B. infantis</i> , <i>B. longum</i> , <i>L. plantarum</i> , <i>L. acidophilus</i> , <i>L. rhamnosus</i>	Colostrum, F.O.S., arabinogalactan, and Immulox® polypeptides	Yes	Irritable bowel syndrome	1 capsule twice daily	Do not use if experiencing fever, bloody diarrhea, or severe abdominal pain
Hospital Defense	10 billion CFU	<i>Saccharomyces boulardii</i>	Vitamin C	Yes	Treatment and prevention of antibiotic-associated diarrhea or <i>C. difficile</i>	1-3 capsules daily for duration of hospitalization and 2 weeks postdischarge	Do not use if immunocompromised or if experiencing fever, bloody diarrhea, or severe abdominal pain
Traveler's Probiotic	21 billion CFU	<i>S. boulardii</i> plus: <i>L. rhamnosus</i> (2 species), <i>L. acidophilus</i> , <i>L. helveticus</i> , <i>L. casei</i> , <i>L. plantarum</i> , <i>B. breve</i> , <i>B. infantis</i> , <i>B. longum</i> , <i>S. thermophilus</i> , <i>L. bulgaricus</i>	None	Yes	Treatment and prevention of infectious gastroenteritis	1 capsule twice daily x 2 weeks prior to travel until 2 weeks postreturn In event of gastroenteritis, up to 2 capsules two to three times daily	None
Femina Flora	10 billion CFU	<i>L. rhamnosus</i> , <i>S. thermophilus</i> , <i>L. bulgaricus</i>	Lactose and vitamin C	No	Vaginal yeast or bacterial infection	1 suppository per day before bed x 10 days	None

