

Bacterial and Yeast Strains Beneficial to Specific Health Conditions and Body Systems



		Lactobacillus Strains													Bifidum Strains					Yeast			
		L. Acidophilus	L. Brevis	L. Bulgaricus	L. Casei	L. Gasseri	L. Helveticus	L. Paracasei	L. Plantarum	L. Rhamnosus (Lactobacillus GG)	L. Reuteri	L. Salvarius	L. Thermophilus	Streptococcus Thermophilus	Bacillus Coagulans	B. Animalis	B. Bifidum	B. Breve	B. Infantis	B. Lactis	B. Longum	Saccharomyces Boulardii	Saccharomyces Cerevisiae
HEALTH CONDITION/BODY SYSTEM																							
Adrenal Stress	✓			✓																			✓
Allergies	✓			✓	✓			✓		✓	✓			✓	✓	✓		✓					
Anemia	✓																						
Asthma				✓																			
Autoimmunity											✓												✓
Breastfeeding Mothers															✓			✓					
Cancer		✓		✓				✓		✓		✓	✓				✓	✓					
Cancer Chemotherapy												✓											
Candida Albicans	✓							✓						✓	✓								
Cholesterol Balance	✓		✓	✓	✓					✓				✓				✓	✓				✓
Chrohn’s, Colitis	✓							✓	✓	✓	✓	✓		✓	✓			✓					
Colds/Flu	✓			✓				✓		✓				✓				✓					
Colic (infants)								✓	✓			✓											
Constipation				✓					✓									✓					
Dermatitis											✓												
Diabetes (blood sugar balance)								✓		✓								✓					
Diarrhea (Acute/Travelers etc.)	✓		✓	✓				✓		✓				✓	✓	✓		✓		✓			
Diarrhea (Infants/children)										✓						✓				✓			
Eczema								✓	✓														
Edema												✓											
Elderly				✓									✓				✓						
Endometreosis					✓																		
Estrogen Dominance			✓	✓						✓	✓					✓							
Gut Lining/Intestinal Permeability	✓		✓	✓				✓	✓	✓	✓	✓		✓		✓	✓			✓			
Heart Disease			✓	✓																			
HIV/AIDS			✓							✓		✓											
Hypertension	✓		✓	✓		✓		✓															
IBS/IBD	✓		✓	✓				✓	✓	✓	✓	✓		✓		✓	✓				✓		
Infants - non breastfed/breastfed					✓						✓				✓	✓	✓		✓				
Inflammation		✓		✓				✓		✓			✓	✓							✓		
Infections (bacterial)	✓			✓				✓	✓		✓			✓	✓	✓	✓					✓	
Infections (viral)	✓		✓	✓									✓	✓									
Kidney Stones	✓	✓						✓				✓					✓						
Lactose Intolerance/Dairy Digestion	✓		✓	✓														✓					
Liver				✓				✓															
Lungs/Respiratory Tract	✓			✓	✓					✓								✓					
Osteoporosis	✓					✓																	
Pneumonia				✓							✓												
Sleep					✓																		
Tooth Decay	✓		✓						✓		✓								✓				
Ulcers/Gastritis	✓	✓		✓				✓		✓				✓					✓				
Urinary Tract Health	✓								✓														
Vaginal Health	✓			✓					✓	✓							✓						
Weight Loss					✓			✓															